



Recreation Coaching Sessions

U11 – U12: Week 8

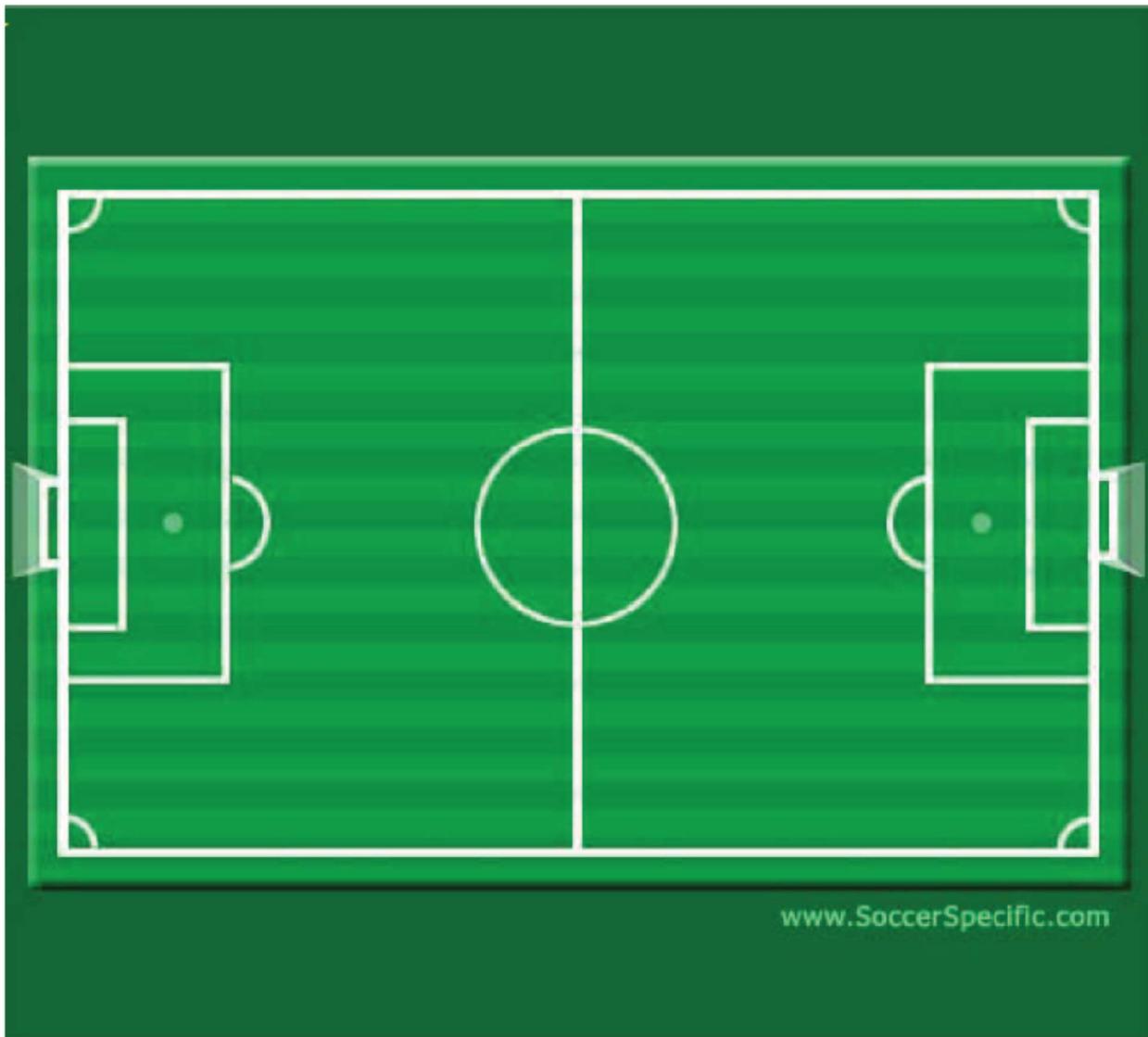
Dedicated to the Development of Our Youth, Through Soccer
www.millvillesoccer.com



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Pick your Favorite Past Drills



www.SoccerSpecific.com

Select past drills of your choice.

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Conditioned Game 7v7 Plus Goalkeepers



Conditioned Game 7v7 plus goalkeepers.

Play for 20 minutes working on the topic you have worked on at practice.

Concentrate on dribbling, passing, shooting, crossing, defending and award bonus points in the game if they use these skills.

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